Fasting and Feasting November 14, 2021 Zechariah ch.7-8

Intro
A Glimpse into the Heart of God
The Nature of Man
The Heart of God
Surrendering to God
The Narrow Road – The WAY
The End of Fasting in Feasting
Making It Count:

Beyond Sunday...

Verse of the Week

"Behold, I will save my people... and they shall be my people, and I will be their God, in faithfulness and in righteousness."

Zechariah 8:7-8

Our theme for 2021 is RESOLUTE. Resolute means: unwavering, firmly resolved, purposeful, steadfast; and is characterized by determination and faith. Take time to read the Scriptures for each day this week and engage in a study of fasting as we see it revealed in the various passages and contexts throughout the Bible. Write down what you learn about fasting from each passage.

- Daniel 9:3 -
- Daniel 10:2-3 -
- Jonah 3:5-10 -
- Matthew 6:16-18 -
- Luke 2:36-38 -
- Luke 18:11-12 -
- Acts 13:2-3 -
- Acts 14:3 -
- 1 Corinthians 7:5 -
- Joel 2:12 -
- Isaiah 58:1-7 -
- Psalm 35:13 -
- Ezra 8:21-23 -
- Esther 4:16 -

<u>Additional Reading</u>: Zechariah chapters 9 - 14 in preparation for next Sunday

ENGAGE

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What tangible expressions do you use to worship God? Have you ever considered or engaged in a time of fasting in your life? If so, what were the reasons for fasting? What results did you experience personally from fasting? Fasting is usually accompanied by a dedicated time of prayer and turning to God. Are there any areas of your life that need a time of concentrated focus and turning to God? When God answers prayer, how do you express joy? How do you celebrate God's sovereignty and His mercy and His grace? There is a time for fasting and a time for feasting... what season of life are you in right now?

<u>Personal Challenge:</u> Make a purposeful plan to fast or feast based on what God is leading you through in life right now.